

NAME.....

- I fully commit to Brave Allstars and will not participate in other dance squads that attend the same competitions.
- The squad will be given my full commitment leading up to all competitions.
- Any absences required during training will be notified when handing in this paperwork. I understand that any other absence requests after this date which don't come down to graded school events, family emergencies or sickness with vomiting will be refused or classed as a break OF commitment.
- I understand that if I break the commitment to the squad I may have to step down from competing with no refund.
- I agree to give 24 hours' notice (where possible) if I cannot attend due to illness or injuries. Also, if possible, I will attend the lesson to watch providing my illness is not contagious.
- If I receive an injury, I will attend all classes and take part in all stretching and conditioning exercises (taking care to protect the injury).
- I agree to arrive on time for training and understand leaving early is also not acceptable.
- No jewellery will be worn during training or at competitions
- I understand that full training uniform MUST be worn to all training sessions and no outdoor shoes are to be worn in the gym. If training kit is misplaced, a new one will need to be purchased.
- I understand that food and drink are not allowed in the gym with the exception of water.
- Due to the nature of the sport, my parents/guardian and myself, acknowledge the possible risks of injury (see the emergency declaration below).
- I agree that the coaches decision is final therefore parents or squad members must accept any decision made which is always for the good of the team.
- I agree to engage in the upmost level of sportsmanship when representing Brave Allstars at any event. Any behaviour that displays Brave in a negative way both on social media and at events, will result in immediate dismissal.
- Athletes/dancers will not post anything on social media which will bring disrepute to the Brave's reputation, particularly when posting videos/photos whilst wearing the Brave Allstars training kit. This includes the use of foul language, underage drinking, provocative dancing/posing etc.
- Athletes/dancers will not spread gossip/rumours about their coaches, team mates or other programmes whilst at the gym or on social media.
- I agree to apply my full effort to every training session and understand that I will be asked to step down from competing if I do not apply full effort to every session.
- I agree to my child being photographed or video recorded by an appointed member of the Brave for advertisement or training purposes.
- I agree to always show my coaches, team members and parents the upmost respect.
- I agree that I will not attend any training session whilst in an intoxicated state and will be fully prepared for each training session. Whilst we understands that athletes have a social life outside of practice, in order to ensure the safety of all team members we ask that you do not drink excessive amounts of alcohol the night before training sessions.
- Athletes/dancers are expected to attend the award ceremonies at each competition regardless of the time of day.
- I understand if I do not maintain skills that I came to tryouts with, I may have to step down from the team.

I agree to abide by all of the conditions as set out above.
I have read through the 2019-20 competition season pack.

Athlete sign here: Signed

I have read and understand all of the above code and conditions and will reinforce the rules to my child to ensure that full commitment is given to Brave Allstars.

Parent sign here (if child is under 18) Signed

Emergency Declaration

In the event of a serious incident/accident, I agree for any necessary treatment to be administered in my absence.

Signed Parent/guardian (if squad member under 18)

Date/...../.....

Please list any dates you will not be able to make training: