

NOVEMBER 2026 EXTRA ACTIVITIES

Activity	Date & Time	Description	Show & Tell?	Link
Open Gym	Saturday 7th 10:30am-12:00pm	Brave members only, not suitable for beginners. Uncoached, unstructured time for athletes to independently work on their skills	✗	CLICK HERE
Sheet Workshop	Saturday 7th 2:30pm-4:00pm	This session is suitable for athletes aged 5-16. This is for Brave members only who are looking to progress and improve their sheets.	✗	CLICK HERE
Open Gym	Saturday 14th 10:30am-12:00pm	Brave members only, not suitable for beginners. Uncoached, unstructured time for athletes to independently work on their skills	✗	CLICK HERE
Tucks, Layouts & Twists Workshop	Saturday 14th 2:30pm-4:00pm	This session is suitable for athletes aged 5-16 with confident round off three Backhandsprings on the floor. This session is open to new and current Brave members.	✓	CLICK HERE
Walkover & Handsprings Workshop	Saturday 14th 2:30pm-4:00pm	This session is suitable for athletes aged 5-16 of any tumble ability wanting to work on their walkovers & handsprings.	✓	CLICK HERE
Open Gym	Saturday 28th 10:30am-12:00pm	Brave members only, not suitable for beginners. Uncoached, unstructured time for athletes to independently work on their skills	✗	CLICK HERE
Tumble Workshop	Saturday 28th 2:30pm-4:00pm	A workshop for athletes wanting to learn/improve tumbles. Suitable for any Ability. Ages 5-16.	✓	CLICK HERE

All activities can be booked via Eventbrite, by clicking the 'Click Here' button next to the event description.

If you have any questions, please email info@braveallstars.co.uk