

SEPTEMBER 2026 EXTRA ACTIVITIES

Activity	Date & Time	Description	Show & Tell?	Link
Tuesday 1st Activities	Sheet Workshop 11:00am-12:30pm Tumble Workshop 1:00pm-3:00pm Open Gym 1:00pm-3:00pm	Press the 'CLICK HERE' to find out what each session has to offer as well as whether they include show and tell.		CLICK HERE
Camp Brave	Wednesday 2nd 11:00am-3:00pm	A high energy, fun day of games & activities. Suitable for any ability. Ages 5-16.		CLICK HERE
Layouts & Twists Workshop	Wednesday 2nd 1:30pm-3:00pm	A workshop for athletes wanting to learn/ improve layouts. Minimum requirement of a confident round off flick tuck on the floor. Ages 5-16.		CLICK HERE
Open Gym	Saturday 5th 10:30pm-12:00pm	Brave members only, not suitable for beginners. Uncoached, unstructured time for athletes to independently work on their skills		CLICK HERE
Tumble Workshop	Saturday 5th 2:30pm-4:00pm	A workshop for athletes wanting to learn/improve tumbles. Suitable for any Ability. Ages 5-16.		CLICK HERE
Open Gym	Saturday 12th 10:30pm-12:00pm	Brave members only, not suitable for beginners. Uncoached, unstructured time for athletes to independently work on their skills		CLICK HERE
Beginner Tumble Workshop	Saturday 12th 2:30pm-4:00pm	A workshop Suitable For beginners wanting to learn/improve tumbling. Ages 5-16.		CLICK HERE
Handspring & Tucks Workshop	Saturday 12th 2:30pm-4:00pm	A workshop for athletes wanting to learn/improve their Handsprings/Tucks. Suitable for those with confident back & front Walkovers on the floor. Ages 5-16.		CLICK HERE
Open Gym	Saturday 19th 10:30pm-12:00pm	Brave members only, not suitable for beginners. Uncoached, unstructured time for athletes to independently work on their skills		CLICK HERE
Tucks, Layouts & Twists Workshop	Saturday 19th 2:30pm-4:00pm	A workshop for athletes wanting to learn/improve their tucks, layouts/twists. Suitable for those with a confident roundoff three Backhandsprings on the floor. Ages 5-16.		CLICK HERE
Cartwheel & Walkover Workshop	Saturday 19th 2:30pm-4:00pm	A workshop for athletes wanting to learn/improve cartwheels/walkovers. Suitable for any ability. Ages 5-16.		CLICK HERE
Open Gym	Saturday 26th 10:30pm-12:00pm	Brave members only, not suitable for beginners. Uncoached, unstructured time for athletes to independently work on their skills		CLICK HERE

All activities can be booked via Eventbrite, by clicking the 'Click Here' button next to the event description.

If you have any questions, please email info@braveallstars.co.uk