

OCTOBER 2026 EXTRA ACTIVITIES

Activity	Date & Time	Description	Show & Tell?	Link
3 Weeks Block Tuck & Open Tucks	Thursday 1st, 8th & 15th 6:15pm-7:45pm	For athletes with a minimum of a confident roundoff three back handsprings with excellent technique looking to progress with their tucks and/or open tucks. Also suitable for those with tucks looking to improve their confidence, technique or work on connecting their back handsprings to other skills.		CLICK HERE
Open Gym	Saturday 3rd 10:30am-12:00pm	Brave members only, not suitable for beginners. Uncoached, unstructured time for athletes to independently work on their skills		CLICK HERE
Elite Tumble Workshop	Saturday 3rd 2:30pm-4:00pm	This session is suitable for athletes aged 5-16 with confident round off flick tuck on the floor. This session is open to new and current Brave members.		CLICK HERE
Walkover & Handsprings Workshop	Saturday 3rd 2:30pm-4:00pm	This session is suitable for athletes aged 5-16 of any tumble ability wanting to work on their walkovers & handsprings.		CLICK HERE
Open Gym	Saturday 10th 10:30am-12:00pm	Brave members only, not suitable for beginners. Uncoached, unstructured time for athletes to independently work on their skills		CLICK HERE
Sheet Workshop	Saturday 10th 2:30pm-4:00pm	This session is suitable for athletes aged 5-16. This is for Brave members only who are looking to progress and improve their sheets.		CLICK HERE
Open Gym	Saturday 17th 10:30am-12:00pm	Brave members only, not suitable for beginners. Uncoached, unstructured time for athletes to independently work on their skills		CLICK HERE
Tumble Workshop	Saturday 17th 2:30pm-4:00pm	A workshop for athletes wanting to learn/improve tumbles. Suitable for any Ability. Ages 5-16.		CLICK HERE
Open Gym	Saturday 24th 10:30am-12:00pm	Brave members only, not suitable for beginners. Uncoached, unstructured time for athletes to independently work on their skills		CLICK HERE
Flexibility & Jumps Workshop	Saturday 24th 2:30pm-4:00pm	This session is suitable for athletes aged 5-16. This is for athletes who are looking to improve their flexibility & jumps.		CLICK HERE
Handspring Workshop	Saturday 24th 2:30pm-4:00pm	A workshop for athletes wanting to learn/improve their Handsprings. Suitable for those with confident back & front Walkovers on the floor. Ages 5-16.		CLICK HERE
Cheer Camp	Monday 26th 11:00am-3:00pm	Suitable for any ability, ages 5-16. A super high energy, fun day of tumble, stunts, jumps, dance, games and activities!		CLICK HERE

Activity	Date & Time	Description	Show & Tell?	Link
Tuesday 27th Activities	Sheet Workshop 11:00am-12:30pm Tumble Workshop 1:00pm-3:00pm Open Gym 1:00pm-3:00pm	Press the 'CLICK HERE' to find out what each session has to offer as well as whether they include show and tell.		CLICK HERE
Stunt & Tumble Camp	Wednesday 28th 11:00am-3:00pm	Suitable for any ability, ages 5-16. A super high energy, fun day of tumble, stunts, games and activities!		CLICK HERE
Tumble Camp	Thursday 29th 11:00am-3:00pm	Suitable for any ability, ages 5-16. A super high energy, fun day of tumble, games and activities!		CLICK HERE
Friday 30th Activities	Sheet Workshop 11:00am-12:30pm Tumble Workshop 1:00pm-3:00pm Open Gym 1:00pm-3:00pm	Press the 'CLICK HERE' to find out what each session has to offer as well as whether they include show and tell.		CLICK HERE
Halloween At Brave	Saturday 31st 2:30pm-4:30pm	This is a fun filled session of games, activities, making friends and Halloween fun! Fancy dress is encouraged. (Can also purchase a ticket with cash in reception)		CLICK HERE

All activities can be booked via Eventbrite, by clicking the 'Click Here' button next to the event description.

If you have any questions, please email info@braveallstars.co.uk